

*Nutrition Committee Minutes*  
*Thursday, December 10, 2009*

*Topics*

- 1) *Survey questions for survey monkey:*
  - *Dr. Melnick reviewed them made a small revision, otherwise good.*
  - *Make days of week question in a range of days ex: 1-2 times per week, 2-3 times, etc.*
  - *Change school lunch stigma to – does not like school lunch.*
  - *Change money question to a range – up to \$.25 or up to \$.50, etc.*
  - *Discussed what price increase in school lunch would mean in percent increase.*
  - *What happened with the money that we made from raising the price last year?*
  - *We hope to be able to get healthier food with price increase.*
  - *Do you want to continue to have snacks available for purchase*
  - *Re: question for healthy snack should we take out whole wheat pretzels and baked chips and change fresh fruit to seasonal fruit instead of listing, apples, etc.*
  - *Discussed including the words “raising taxes” in question. We decided to remove this question. To get lunch subsidized they need to get 3-5 sides.*
  - *Why did we include the questions re: dietary restrictions? So we get a feeling of all the issues of the district.*
  - *Change snack question to check those we want to keep instead of eliminated.*
  - *Discussed changing how the lists of snacks were worded. Survey will be done after the 1<sup>st</sup> of the year.*
- 2) *Scanning of items – thank you Sara*
- 3) *New Snack items*
- 4) *New Menu items – they are for every school*
  - *Trying to get money from PTA’S to go toward food. So we could get fruit of the month etc...we would need about \$100 a month.*
- 5) *Salad bar progress*
  - *Discussed units and fluctuation of prices*
  - *Will put it out in spring that’s when prices level out*
  - *Salad Shakers available in every elementary school.*

6) *Blender status – 30 grams of sugar was found to be in frozen fruit sent from government. Will look into trying to get healthier fruit to use in smoothies.*

*Reviewed opening statement for survey – was found to be good.*

7) *Eliminated fruit punch.*

8) *H2O bottle price up \$.10 more per bottle*

- *Restoration farm will not sell off site.*
- *Will call Rottkamp – to see if they will sell to us.*
- *Waiting for answers from four chefs that were contacted.*
- *With allergy issues – loose nut snacks would be difficult.*